

June Awareness – 2019

alzheimer's  association®

THE BRAINS BEHIND SAVING YOURS:

Go Purple for Alzheimer's & Brain Awareness –

It is a progressive mental deterioration that can occur in middle or old age, due to generalized degeneration of the brain. It is the most common cause of premature senility.

Understanding Alzheimer's and dementia

- Alzheimer's is the most common cause of dementia, a general term for memory loss and other cognitive abilities serious enough to interfere with daily life. Alzheimer's disease accounts for 60 percent to 80 percent of dementia cases.
- Alzheimer's is not a normal part of aging. The greatest known risk factor is increasing age, and the majority of people with Alzheimer's are 65 and older. But Alzheimer's is not just a disease of old age. Approximately 200,000 Americans under the age of 65 have younger-onset Alzheimer's disease (also known as early-onset Alzheimer's).
- Alzheimer's worsens over time. Alzheimer's is a progressive disease, where dementia symptoms gradually worsen over a number of years. In its early stages, memory loss is mild, but with late-stage Alzheimer's, individuals lose the ability to carry on a conversation and respond to their environment. Alzheimer's is the sixth leading cause of death in the United States. On average, a person with Alzheimer's lives four to eight years after diagnosis, but can live as long as 20 years, depending on other factors. Learn more by going to <https://www.alz.org/alzheimers-dementia/what-is-alzheimers>

Aphasia Awareness

Aphasia is an impairment of language, affecting the production or comprehension of speech and the ability to read or write. Aphasia is always due to injury to the brain—most commonly from a stroke, particularly in older individuals. But brain injuries resulting in aphasia may also arise from head trauma, from brain tumors, or from infections.

June is Aphasia Awareness Month

2 million people
in the United States have
Aphasia
and have lost all or some of ability to use words

#aphasiaawareness



Aphasia can be so severe as to make communication with the patient almost impossible, or it can be very mild. It may affect mainly a single aspect of language use, such as the ability to retrieve the names of objects, or the ability to put words together into sentences, or the ability to read. More commonly, however, multiple aspects of communication are impaired, while some channels remain accessible for a limited exchange of information.

It is the job of the professional to determine the amount of function available in each of the channels for the comprehension of language, and to assess the possibility that treatment might enhance the use of the channels that are available. For more information please go to <https://www.aphasia.org/>

National Men's Health Month



June is
National
Men's Health
Month

WEAR
BLUE

Awareness. Prevention.
Education. Family

Hosted by Men's Health Network since 1992, the month of June is dedicated to enriching men's health and wellness through a broad spectrum of national screening and educational campaigns. On average, men die five years younger than women, and die at higher rates from nine of the top 10 causes of death. Men are also less likely than women to be insured. All of this impacts their ability to be involved fathers, supportive partners, and engaged community members. The purpose of Men's health Month is to heighten the awareness of preventable health problems and encourage early detection and treatment of disease among men and boys. This

month gives health care providers, public makers, the media and individuals an opportunity to encourage men and boys to seek regular medical advice and early treatment for disease and injury. For more information go to <https://health.gov/news/blog-bayw/2018/06/june-is-mens-health-month/>